

Girls Softball –Rookies (1st & 2nd graders) Supplement

This league is non-competitive. The purpose is to teach the girls basic softball skills and rules without the added pressure of winning and losing and most of all for them to have fun while learning.

Game: All games shall consist of six (6) innings.

Diamond: The base paths are 60 feet between each base.

Batting and Baserunning

A. Fly Balls

- 1) The infield fly rule is suspended.
- 2) Tagging up is suspended.

B. No stealing or leading. A runner cannot leave the base until the ball is hit or crosses home plate.

C. Batting

- 1) Alloy or metal bats only. No composite or $\frac{1}{2}$ & $\frac{1}{2}$ bats.
- 2) To encourage play all players on the team shall bat in rotation regardless of whether they are playing the field.
- 3) No bunting.
- 4) Five Runs an Inning Limit
Each half inning will have a maximum of five runs. Limit also applies to the last inning.
- 5) Coach Pitching
 - A. Coaches will pitch to their own team.
 - B. Base on balls is eliminated.
 - C. Only swinging strikes shall be called.
 - D. Five (5) strikes = OUT
 - E. Batter will be given a maximum of eight (8) pitches to hit the ball, after the maximum is reached, the batter will be called out.

Exception: If the batter fouls off the eighth pitch, she continues until she either strikes out or puts the ball in play.

5) Speed-up rule (mandatory) with two outs, last batted out runs for catcher.

D. Defensive Alignments

1) All infielders shall be positioned no closer than the infield grass or the base paths.

2) All outfielders shall be placed in an arc on the outfield grass or equivalent.

E. Time Outs

As soon as the defensive infielders have possession of the ball within the basepaths, the umpire shall signal a time out with his/her hands in the air and the ball shall be thrown to the pitcher. The intent here is to allow the umpire to move the game along without a lot of time consuming feints.

F. Defensive Coach

1) No more than two coaches will be allowed on the field when their team is on defense.

2) The defensive coach must be positioned outside the base paths, in the outfield.

3) The coach may not interfere with the play of the game.

G. Offensive Coach

Only one (1) coach allowed in coach's box .

H. Substitutions

Each girl should not sit out more than one inning. Positions should be rotated each inning allowing everyone the opportunity to play all positions.

I. Game Regulations

1) To help move the game along, try to suit up the catcher early. If a catcher is not ready, begin without her and she may enter when ready.

2) If an umpire is not at the field at game time, and both teams are ready, begin without them and they will continue the game when they arrive.